**7 Bridges Walk**



**www.plan2bfit.org**

* The tour starts on the east side of Park Blvd. and Village Place at the Inez Grant Parker Memorial Rose Garden before crossing the first bridge toward the San Diego Natural History Museum.
* Continue west along El Prado through the middle of Balboa Park, passing museums and the lily pond, continuing across the 1914 Laurel St. bridge, the first multiple-arched cantilever bridge built in California.
* Remain on Laurel Street, then turn right onto First Ave. for the third bridge. The First Ave. bridge was built in 1931. After viewing Maple Canyon, continue on First Ave.
* Turn right on Quince St. for two blocks to the 4th Bridge, Quince St. The wooden-trestle bridge was built in 1905.
* Cross the street and head north (left) to spruce.
* Turn left (west) on Spruce St., past the “Not a Through Street” sign to the 1912 Spruce St. suspension bridge. Enjoy the movement when crossing over Kate Sessions Canyon.
* Turn right on both Brant and Upas streets.
* Turn left on Albatross St., right on Walnut Ave., then left on First Ave. for four blocks to a right turn on University Ave.
* Turn left at Vermont St. to the end of the shopping center to the present 1995 Vermont St. bridge with its words of inspiration to read while crossing Washington Street. It replaced the 1916 wooden-trestle bridge.
* After crossing the sixth bridge, turn right (east) on Lincoln Ave., then take a right (south) down park blvd. A few blocks on your left will be the seventh bridge on this tour. The 1914 current concrete Georgia Street Bridge. Continue south on Park until you reach the beginning of the walk.

We hope you enjoy your walk.